PARKS & RECREATION DEPARTMENT 222-3444



2015 - Fall Season COED MONDAY POWER A LEAGUE

TEAM NAME	MANAGER	PHONE
1. Free Candy	Kristi R	h)491-4275
2. Wrecked Em	Kelly S	h)975-1265
3. Just the Tip	Dan A	h)707-8041
4. Bump, Set, Psych!	Shawna R	h)423-9977
5. Super Hard Grunts	Amy U	h)21-1091
6. Spikeaholics	Ellen H	h)309-4161

	<u>Sept</u>	<u>. 14</u>	<u>Sept</u>	<u>28</u>	Oct. :	<u>5</u>	Oct.	<u>12</u>	Oct.	<u> 19</u>	Oct. 2	<u> 26</u>	<u>Nov. 2</u>	
<u>Co</u>	ırt Cent	er	Cente	<u>er</u>	Center		<u>Center</u>		<u>Center</u>		<u>Center</u>		Center	
6:30) 1-2	6:30	3-1	6:30	1-5	8:10	1-4	6:25	3-4	6:30	5-2	6:30	2-4	
7:2:	5 4-3	7:25	2-5	7:25	3-6	9:05	2-6	7:20	3-5	7:25	4-6	7:25	5-1	
8:20	5-6	8:20	6-4	8:20	4-2			8:15	6-5	8:20	1-3	8:20	6-3	
								9:10	2-1					

	Nov. 9	<u></u>	Nov.	<u> 16</u>	Nov. 23			
Court	Center	• •	Cente	<u>er</u>	Center			
7:10	3-2	7:10	5-3	7:40	5-4			
8:05	1-6	8:05	6-2	8:35	6-1			
9:00	4-5	9:00	4-1	9:30	2-3			

- ~All scheduled matches are at Valley Southwoods
- ~1st team listed is home and serves 1st game. Alternate 1st serve for 2nd and 3rd game.
- ~Uniforms are not required. Non-marking gym shoes only.
- ~Teams will play all 3 games of match. Rally scoring will be used for all 3 games.
- ~Unsportsmanlike conduct and harassment of Officials will not be tolerated.
- ~5 roster changes/additions allowed. Last day to change/add players is **November 16, 2015.**
- ~Awards Team trophies will be presented to first and second place teams in the league. A team plaque will be awarded to League Tourney Champions (if applicable).
- ~League Champions t-shirts will be awarded to every rostered player on League Champion teams.
- ~In case of bad weather, call **222-3500** for a recording on games status after 5:00 pm. **If the recording is not updated, games will be held as scheduled**.
- ~West Des Moines Park and Recreation Department is not responsible for any lost personal items left in the gym.
- ~No unsupervised children allowed in gyms or hallways.
- ~Game ball provided by Department
- ~A Legal picture I.D. is required of all players at all times.
- ~If you have any questions regarding league information e-mail kevin.fitzgerald@wdm.iowa.gov or bruce.mankel@wdm.iowa.gov

PARKS & RECREATION DEPARTMENT 222-3444



2015- Fall Season COED MONDAY POWER B LEAGUE

TEAM NAME	MANAGER	<u>PHONE</u>
1. Volley Llamas	Casi H	h)783-2012
2. Nobody Knows	Jolli W	h)971-2971 w)326-3504
3. Over.net	Stacey S	h)563-380-1349
4. Angry Beavers	Ryan T	h)641-590-4262
5. Our Girls Play Dirty	Ryan F	h)971-4003
6. Clamslammers	Tim M	h)883-0153

	Sept. 1	4	Sept 2	<u>8</u>	Oct. 5		Oct. 12	<u>2</u>	Oct. 19	9	Oct. 26	<u>5</u>	<u>Nov. 2</u>
Court	North North		<u>North</u>		North North		North North		<u>North</u>		<u>North</u>		<u>North</u>
6:30	1-2	6:30	3-1	6:30	1-5	8:10	1-4	6:25	3-4	6:30	5-2	6:30	2-4
7:25	4-3	7:25	2-5	7:25	3-6	9:05	2-6	7:20	3-5	7:25	4-6	7:25	5-1
8:20	5-6	8:20	6-4	8:20	4-2			8:15	6-5	8:20	1-3	8:20	6-3
								9:10	2-1				

	Nov. 9	<u>)</u>	Nov. 1	Nov. 23			
Court	<u>North</u>		<u>North</u>		<u>North</u>		
7:10	3-2	7:10	5-3	7:40	5-4		
8:05	1-6	8:05	6-2	8:35	6-1		
9:00	4-5	9:00	4-1	9:30	2-3		

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PARKS & RECREATION DEPARTMENT 222-3444



2015 - Fall Season COED MONDAY POWER C LEAGUE

TEAM NAME	MANAGER	<u>PHONE</u>
 Setting Ducks 	Abby B	h)991-0765
2. Bumps & Balls	Scott S	h)822-1039
3. Where's the Ball	Joann T	h)202-8832
4. Ace Holes	Emily M	h)577-9363
5. We Could Carry Less	Kevin L	h)556-6319 w)248-0147
6. Seis Amigos	Jean G	h)953-5455

	Sept. 1	4	Sept 2	<u>8</u>	Oct. 5		Oct. 12	<u>2</u>	Oct. 19	9	Oct. 26	<u>5</u>	Nov. 2
Court	South		South		South		South		South		South		South
6:30	1-2	6:30	3-1	6:30	1-5	8:10	1-4	6:25	3-4	6:30	5-2	6:30	2-4
7:25	4-3	7:25	2-5	7:25	3-6	9:05	2-6	7:20	3-5	7:25	4-6	7:25	5-1
8:20	5-6	8:20	6-4	8:20	4-2			8:15	6-5	8:20	1-3	8:20	6-3
								9:10	2-1				

	Nov. 9	<u>)</u>	<u>Nov. 1</u>	Nov. 16			
Court	South		South		South		
7:10	3-2	7:10	5-3	7:40	5-4		
8:05	1-6	8:05	6-2	8:35	6-1		
9:00	4-5	9:00	4-1	9:30	2-3		

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